

ALUMNI BOARD OF DIRECTORS STATEMENT ON MENTORING

The UC San Diego Alumni Board of Directors is committed to harnessing the transformative power of mentoring to drive student success. Research has consistently shown that mentoring programs have a profound impact on academic and professional growth. By providing students with a sense of belonging, social support, and guidance, mentoring programs empower them to reach their full potential.

The Alumni Board also recognizes that the mentoring relationship is a mutually rewarding one, with numerous benefits for the mentor as well. **Active mentors experience a sense of purpose and fulfillment, build leadership skills, and expand their professional networks.** Moreover, mentors can gain fresh perspectives and insights from their mentees and develop a sense of legacy by shaping the future of their industries and communities through the next generation of leaders.

In light of these findings, the Alumni Board of Directors is dedicated to supporting the importance of mentoring programs for UC San Diego students. We believe that mentoring is a critical component of a student's educational experience, and we are committed to providing our students with the guidance and support they need to succeed.

To demonstrate our commitment, we are announcing that all Alumni Board directors will mentor at least one student each year of their term. We believe that this will not only provide our students with valuable guidance and support but also enrich the lives of our directors as they give back to the university community.

We invite all alumni to join us in this effort. You can express your interest by joining <u>Tritons</u> <u>Connect</u> and updating your profile to include "offer mentoring" or mentoring through an existing campus program. To learn more about mentoring opportunities, visit <u>Mentoring For All</u>. <u>Together, we can rise to the challenge of providing every UC San Diego student seeking a mentor with a supportive and experienced guide.</u>